

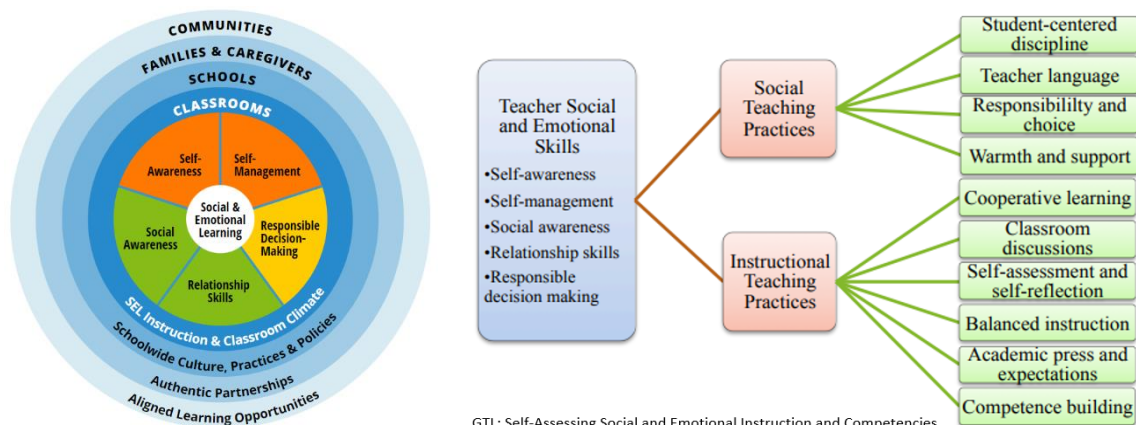
# TIP for Teaching – 7 domains & SEL connections

Trauma-Informed Practices for Educators

NCS Notes from Nina 2023

1. Physical, Emotional, Social, & Academic Respect – Social Practices
  - Create a safe, welcoming environment, encourage questions, respect students and their time
  - Prioritize safety, accessibility, open communications, emphasizing learning from mistakes
  - Requires skills and knowledge of **Self-Awareness** and **Social Awareness**
2. Trustworthiness & Transparency – Social Practices
  - Invest in relationships to create an inviting environment for questions, worries and successes
  - Translate practices, policies and expectations, offer support and reminders for students
  - Requires skills and knowledge of **Social Awareness** and **Self-Management**
3. Support & Connection – Social Practices
  - Curate and share professional resources to support and promote student success
  - Offer opportunities to connect, engage in a dialogue to help students to plan and learn
  - Requires skills and knowledge of **Self-Management** and **Relationship Skills**
4. Collaboration & Mutuality – Instructional Practices
  - Invite feedback about anything and everything: courses, assessments, portal, faculty support
  - Discuss perspectives, share success stories and struggles, remind of learning process being hard
  - Requires skills and knowledge of **Social Awareness** and **Relationship Skills**
5. Empowerment, Voice, & Choice – Social Practices
  - Recognize and support students’ strengths, emphasize celebrating learning success
  - Engage in confidence-building, remind of choices students have, create more choices
  - Requires skills and knowledge of **Social Awareness** and **Relationship Skills**
6. Cultural, Historical, & Gender Contexts – Instructional Practices
  - Prioritize equity, celebrate diversity, and invite sharing of students’ experiences and identities
  - Accommodate age, experience, status, time zones, local events, caregiving, racism/ other -isms
  - Requires skills and knowledge of **Self-Awareness** and **Relationship Skills**
7. Resilience, Growth, & Change – Instructional Practices
  - Practice optimism, communicate a belief in success, help identifying and reflecting resilience
  - Use warm, strength-based language in communications, point out successes, support change
  - Requires skills and knowledge of **Self-Management** and **Relationship Skills**

NOTE: all TIP implementation requires skills and knowledge of **Responsible Decision-Making**



GTL: Self-Assessing Social and Emotional Instruction and Competencies

Carello, J. (2019). [Examples of Trauma-Informed Teaching and Learning in College Classrooms](#); Báez, J.C., Marquart, M., Garay, K., & Chung, R.Y. (2020). [Trauma-Informed Teaching and Learning Online: Principles & Practices During a Global Health Crisis](#); and Carello, J. (2022). A3 Self-Assessment Tools for Creating Trauma-Informed Learning and Work Environments. Images: <https://casel.org/fundamentals-of-sel/what-is-the-casel-framework> and <https://gtlcenter.org/sites/default/files/SelfAssessmentSEL.pdf>